

In response to COVID-19

The health of our patients, staff and communities is our top priority-thus we are doing all we can to decrease exposure and limit the spread of COVID-19. While it has always been our practice to thoroughly sanitize patient rooms, equipment and common areas, we want to assure our patients below

- All staff take temperatures every morning
- Anyone who has a high temperature and/or show signs of the potential virus are free to cancel and reschedule an appointment.
- All surfaces in the clinic are regularly and thoroughly cleaned and sanitized.
- There is a hand sanitizer in the waiting room. Please use it when you enter the office.
- We removed one chair in the waiting room to keep appropriate social distancing.
- We temporarily stop booking multiple patients at a time.

Our practice model inherently works well to minimize exposure risk. All of our appointments are one on one with your therapist in a private room.

If there is anything we can do to make your visit more comfortable please let us know.

Thank you for your understanding to comply with recommendations and requirements from the CDC and the San Diego Health Department.